



Registered under Societies Act 1860

Affiliated by Nehru Yuva Kendra Sangathan - Puducherry



ANNUAL REPORT 2024 - 2025

Website: www.cmapondy.com



Cholan MASTER Association

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CMA ABOUT US



Welcome to **Cholan Martial Arts Sports Training Education and Research Association** (Cholan MASTER Association), where tradition, excellence and empowerment to teach our traditional Martial arts to the next generations.

Our journey is to be marked by dedication, mastery and a commitment to the holistic development of martial arts. In our martial arts has to be spirit of a time-honored discipline, passed down through our next generations.

At Cholan MASTER Association, we understand that our traditional martial arts is more than just physical movements and psychological wellbeing. It's a journey of self discipline, self defence, self awareness and personal growth.

ABOUT OUR ASAN

Mr. Rajesh Kumar @ Ellaalan was 15 years experience in the field of Tamil Ancient Martial Arts forms and also running a Tamil Martial arts academy in the name of Thamizhar Martial Art Training School at Chidambaram.





CMA Pondy

ABOUT THE BOARD MEMBERS



Mr. V. Aravind (M.Sc - Bio Technology) as a president of Cholan MASTER Association. He have a trained for over 11 years in the field of traditional martial arts like Silambam, Kalari and Varma Adimurai, Self Defence, Malyutham, Weapon Handling and Animal walk Posture.



Mr. V. Arun Praveen (Master of Social Work - Medical and Psychiatric) as a Secretary cum CEO of Cholan MASTER Association. He have a trained for over 5 years in the field of traditional martial arts like Adimurai and Social awariness through various fields.

Ms. E. Aruljothy (DPTE) as a Treasure of Cholan MASTER Association. She have a trained for over 4 years in the field of handling children from kindergarten and to be supported for health and hygiene.



Cholan MASTER Association

Our Vision & Mission

Cholan MASTER Association vision encompasses expanding the reach of our unique talent of martial arts, propelling it to new heights within the martial arts community.

- ★ **Our Objectives** are to be safeguard our Traditional Martial Arts, to promote and educate martial arts to the next generation, to provide martial arts training to the women, children youth & publics, to Research and Publish about martial arts in journals, to do all type of social service in the name of our association.
- ★ **Our valuable Vision** are Personal Growth: Martial arts aim to facilitate personal growth and development, both physically and mentally, Cultural Preservation: Some martial arts are deeply rooted in cultural traditions and histories.
- ★ **Our Golden Mission** are Skill Mastery: Martial arts encourage the mastery of techniques and skills through dedicated practice and training, Continuation of Tradition: For traditional martial arts, the mission involves preserving and passing on centuries-old traditions.

Cholan MASTER Association

Knowing a value of our Martial Arts

Silambam

This is a traditional South Indian marital art. It is the fundamental method for handling any type of firearm. This practice develops a student's strength and flexibility. There are 24 stages and 8 grades. The Indian government's AIMDAF recognises this grade certificate.



Styles of Silambam



Some silambam styles are unique to us, although many were practiced by our ancestors. We teach a variety of techniques including Alangara Silambam, Chakkara Panthu, Thodu Silambam, Nedukambu, Nadukambu, Irattai Kambu, and Por Silambam.

Adimurai

This is the fundamental defence technique that has been used since the time of the sangam. In adimurai, we teach Kuthuvarisai, Kalari Adimurai, and Varma Adimurai. There are 8 grades and 24 levels for students.



Weapon Handling



Over 100 different kinds of weaponry are used in combat. Certain weapons can only be used in State and National Level competition. Surul Vaal, Maduvu, Suri Kathi, Vaal Kedaiyam, Irattai Vaal, and Velkambu are among them. We are skilled in teaching such weapons.

Animal Walk Posture

For practising animal walk styles makes a healthy (Physical and Psychological) for students. In these styles are commonly practised in Army and Military soldiers. Some of the animal walks are Crocodile, Crab, Elephant, Snake, Scorpion, Worm Walk, etc.



Competition of our Martial Arts

As above mention our martial arts various level of competition are conducting and organizing are:

- ★ Zone Level, District & State Level competition
- ★ National and International Level competition
- ★ Pre championship, Open Championship & Inter School competition
- ★ Association meet competition (Yearly Twice)

Cholan MASTER Association

Programs and Events 2024 - 2025

Helmet Awareness

It sounds like a great initiative! The Cholan Master Association conducting a helmet awareness event with the support of the Traffic Police in Puducherry at the Anna Statue Signal on June 21, 2024, must have had a positive impact on promoting road safety through our Marital Arts.



Sports Day Inauguration



Cholan Master Association trained students in the traditional martial arts of Silambam, Adimurai, and Alangara Silambam in celebration of the Sports Day event at Jawahar Navodaya Vidyalaya School, Kalapet, held on 12th August 2024.

Happy Street

The Cholan Master Association showcased our ancient Thamizhar martial arts to the public during the 3rd Happy Street program at Puducherry Rock Beach, opposite to Le' Cafe, on 13th October 2024.



Programs and Events 2024 - 2025

World Mental Health Day



Cholan Master Association performed a massive performance of Silambam and Adimurai in the program of World Mental Health Day 24 organized by PPA (Pondicherry Psychological Association) on **13th October 2024** at Puduvai Tamil Sangam - Puducherry

Website Launch

Cholan Master Association launched a official website www.cmapondy.com in the program of 1st Pre Championship on **23rd November 2024** at Stansford International Higher Secondary School (CBSE) - Pitchaveeranpet, Puducherry



1st Pre Championship



Cholan Master Association conducted a massive event for students in the name of 1st Pre Championship at Stansford International School - Pitchaveeranpet on **23rd November 2024**. Around 250 students participated and proved their skills and talents.

Programs and Events 2024 - 2025

Sports Day Event

Cholan Master Association trained students in the traditional martial arts of Silambam, Adimurai, and Alangara Silambam in celebration of the Sports Day event at Jawahar Navodaya Vidyalaya School, Kalapet, held on 04th January 2025.



Government School Demo



Cholan Master Association demonstrated to the students of our traditional martial arts of Silambam, Adimurai, and Alangara Silambam under the scheme of Smagarga Siksha Abhiyan at Government Higher Sec. School - Alangkuppam held on 24th February 2024.

Happy Street

The Cholan Master Association showcased our ancient Thamizhar martial arts to the public during the 3rd Happy Street program at Puducherry Rock Beach, opposite to Le' Cafe, on 13th October 2024.



Cholan MASTER Association

ACHIEVEMENTS



Held the **1st Pre Championship Competition** for Martial Arts Students in the year of 2024.



Received a award from **Keep Namma Pondy Clean** for aiding in the 2024 cleanup campaign.



Support to lauch Silambam book along with VATK in the name of **Manithanai Manithanakkum Silambam**.

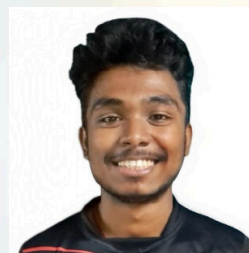
CMA Honourable MASTER's



Aravind



Arun Praveen



Hariharan



Dheenalakshmi



Sakthivel



Stephen Raj



Sangeetha



Prem Kumar

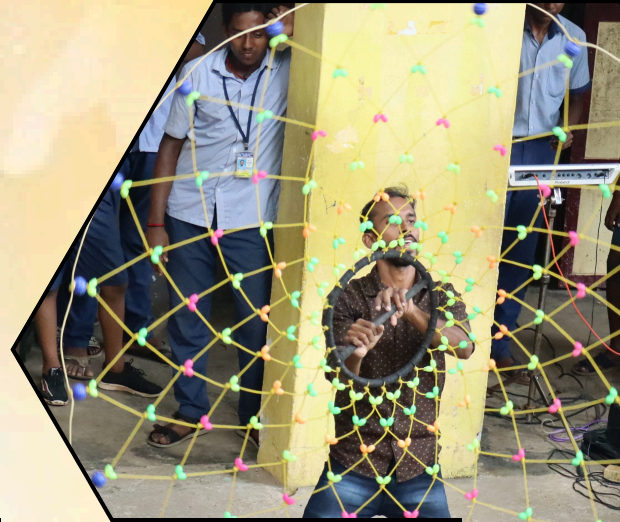
Cholan MASTER Association

LIST OF SCHOOLS

S.No	School Details	Student Strength
01	DMI St. Joseph's Global School - Thindivanam	150
02	Gurukulam Higher Secondary School - Puducherry	260
03	Standford Higher Seconary School - Pitchaveeranpet	80
04	Jawahar Navodaya Vidyalaya - Puducherry	60
05	Isai Ambalam High School - Auroville	30
06	Thillaiyadi Valliyammai GHS - Kadhirkamam	230
07	Government High School - Gandhi Nagar	30
08	Government Higher Secondary School - Sedrapet	120
09	Government Higher Secondary School - Alankuppam	50
10	Aayi Arutchelvi Govt. Middle School -Muthiraiyarpalayam	20
11	Government High School - Sellipet	80



CMA Best Performances





Cholan Martial Arts Sports Training Education & Research Association

★ **Puducherry**

★ **Tamilnadu**

CONTACT US

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Secretary cum CEO

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Ms. E. Aruljothy

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